

**If you are in immediate danger, please dial 999.**

**If you need to talk to someone or need advice, you may find the following services useful:**

**IDAS Helpline:** 03000 110 110

**Women's Aid National Domestic Abuse Helpline:** 0808 2000 247

**Rape Crisis National Helpline:** 0808 802 9999

**Samaritans:** 116 123 (Free 24/7)

**GALOP LGBT+ Domestic Abuse Helpline:** 0800 999 5428

**ManKind Male Victims of Domestic Abuse Helpline:** 01823 334244

Scan the QR code to be directed to our webpage:



## Contact us:

### Telephone:

York (including Selby, Harrogate and Craven): 01904 557491  
Scarborough (including Ryedale, Hambleton and Richmond): 01723 361100

### Email:

[foundationdapp@foundationuk.org](mailto:foundationdapp@foundationuk.org)

### Secure Email:

[DAPerpetratorProgramme@foundation.cjism.net](mailto:DAPerpetratorProgramme@foundation.cjism.net)

### Website:

[www.foundationuk.org](http://www.foundationuk.org)  
search for '+Choices'

### Twitter:

[@ChoicesDAPP](https://twitter.com/ChoicesDAPP)



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# +Choices

Building respect and healthy attitudes towards relationships

Victim Liaison and Integrated Support Service (ISS)

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## What is +Choices?

Positive Choices is a bespoke service that supports perpetrators of domestic abuse aged 16 and up, regardless of gender or sexual orientation, through the stages of behaviour change. The programme aims to reduce risks to those involved in domestic abuse and reduce the opportunity for a repeat incident to occur, through supporting perpetrators to build healthy attitudes towards relationships.

## What do we offer victims of domestic abuse?

Our Integrated Support Service (ISS) focuses on the safeguarding and wellbeing of those affected by domestic abuse. A dedicated Victim Liaison Officer (VLO) will contact victims and keep in touch whilst the perpetrator is engaging with the behaviour change programme. The VLO can support referrals to relevant agencies (including IDAS) for support around domestic abuse and other wellbeing factors. The VLO will work with the victim to create a robust safety and support plan which aims to enhance the wellbeing of the victim and any children involved.

It was the first time I had spoken about the abuse; the relief was overwhelming

My mental and physical health has improved beyond recognition

## What will happen?

When we receive a referral, the details of the perpetrator are passed on to the relevant project officer and the details of the victim are passed onto the Victim Liaison Officer (VLO). The Victim Liaison Officer will then contact the victim unless it is unsafe to do so. Confidentiality will be maintained, and if the victim consents to a service the VLO will work with the victim and any involved agencies to ensure safeguarding of those affected by domestic abuse. The VLO will also complete risk assessments and signpost victims and their families to appropriate statutory and non-statutory agencies.

## Stalking Intervention

For cases involving stalking behaviours and mentalities, we have a specialist stalking intervention worker. All referrals are screened for stalking behaviours by our specialist, who can advise the VLO and project officers on how best to support the victim and their family.

## A Multi-Agency, Whole Family Approach

At +Choices we are working towards a multi-agency approach which takes into account the needs of the whole family. We work with agencies and organisations such as Independent Domestic Abuse Service (IDAS), social care, probation, police, drug and alcohol services, housing providers and more in order to ensure greater levels of safety for the whole family.

