

What our clients say:

I've learnt that I'm capable of change and that negative behaviour patterns can be overcome

I've changed in the way I think and how I react

What will happen next?

Once a referral is received individuals will be allocated to a Domestic Abuse Intervention Worker and a full needs and risk assessment will be undertaken to identify the most suitable support to address their needs.

Individuals will be supported through a tailored package of interventions to meet their individual needs and guide them through the various stages of the behaviour change programme.

Contact us:

Telephone:

York, Selby, Harrogate and Craven: 01904 557491
Scarborough, Ryedale, Hambleton and Richmond: 01723 361100

Email:

foundationdapp@foundationuk.org

Secure Email:

DAPerpetratorProgramme@foundation.cjsm.net

Website:

www.foundationuk.org
search for 'Positive Choices'

Social media:

Instagram: @choicesdapp
X: @ChoicesDAPP

Police and Crime
Commissioner
North Yorkshire



Registered Charity: 515517
Company Limited by Guarantee: 1829004

+Choices

Positive Choices is a voluntary service for perpetrators of domestic abuse to acknowledge and change their abusive behaviour

FOUNDATION

Inspiring independence. Transforming lives.

Respect

Accredited

What is +Choices?

A bespoke programme that will support perpetrators of all kinds of domestic abuse including physical, emotional and coercive control through the stages of behaviour change.

The programme aims to reduce risks to those involved in domestic abuse and reduce the opportunity for a repeat incident to occur, through supporting perpetrators to build healthy attitudes towards relationships.

Who is the service for?

The programme is available for anyone, regardless of gender or sexual orientation, aged 16 years and over who is a perpetrator of domestic abuse. This includes repeat offenders and adolescents violent toward parents, who wish to voluntarily address their abusive behaviour.

What we offer:

- Triage short-term and disrupt high harm pathways to access help and support
- One-to-one motivational interventions
- Delivery of +Choices Perpetrator Programme, including both 1-1 and group delivery options across North Yorkshire and the City of York
- Support around housing, finance, substance misuse, employment and mental health through onward referrals to other support services
- Partners, ex-partners and/or other family members can access our integrated support service, which works with other agencies to provide a robust system of support
- Opportunity to become a peer mentor.

Referrals:

Referrals can only be accepted where explicit consent has been obtained from the individual who recognises their abusive behaviour and is ready to engage.

Referrals can be made via the online form. Scan the QR code to be directed to the webpage:



www.foundationuk.org/choicesreferral

