



30 FOUNDATION

YEARS BUILDING SOCIAL INCLUSION

INTRODUCTION



Maggie
Maggie Jones
Chief Executive



Nigel
Nigel Lockett
Chair of Trustees

“FOUNDATION HAS BEEN A GREAT STEPPING STONE FOR ME WITH HOUSING AND I CONTINUE TO GET SUPPORT WITH FINDING WORK USING THE JOB CLUB. I ALSO ENJOY THE ART GROUP.”
Tameside Customer

Foundation has spent this year preparing for and looking to the future. We have undertaken a management restructure, governance review, and development planning process alongside substantial investment in our capacity for growing into new localities and services.

We have been proud to welcome colleagues to the organisation who bring valuable new skills and experience to add to an already hugely talented and committed team. Foundation's people are its strength and they have been tested this year as never before. More customers have come to us cold and hungry, in debt and struggling with depression. They tell us that the world feels a more hostile place and help is much harder to find.

Staff, students and volunteers have tackled this increasing need, alongside reduced resources, with dedication and energy, working with customers to make inspiring, real and lasting improvements in their lives as the following pages testify.

The closure this year of a longstanding, well respected Leeds service supporting those in housing need has unhappily resulted in the loss of valued staff and depletion of reserves. However, it has also led to Foundation adopting a new, more vigorous approach to influencing and lobbying for change at local and national level against unacceptable service cuts which hit the homeless and vulnerable at the very point when they need our support the most.

In the year ahead; Foundation will be celebrating 30 years of working to create a fairer world, recognising how far we have come and also how much more we need to do. We hope that all who have supported us in the past will have fun helping to celebrate our birthday and join with us in rededicating our collective efforts to build communities where all are valued, included and belong.

0-10

1984

1984
Timble Housing Project formed and registered as an independent charity – staffed by four probation secondees and one direct employee. **(5 STAFF)**

1985

1986 Expansion of provision to housing provided by

- Leeds City Council
- Ridings Housing Association
- North British Housing Association
- Sanctuary Housing Association.

(16 STAFF)

1988
500 people now accommodated in Leeds.
(16 STAFF)

1989

1990
Project expands across West Yorkshire via more Probation funding and new partnerships with Housing Associations and Local Authorities. **(30 STAFF)**

1991

Timble Housing Project funded by West Yorkshire Probation to expand provision to

- Bradford
- Calderdale
- Kirklees
- Wakefield.

1992

1993
Timble wins a tender with Leeds Social Services to provide for young people – our first non-offenders team.

1994

11-20



1995
Leeds Young Persons Housing Trust merges with us providing 25 beds for young people. Later merging with Leeds Independent Living Team to form Grove Housing Team.

1996
Achieve Investors in People (IIP) accreditation.



1996

North Yorkshire teams established, building on mergers with small local charities in Craven, Harrogate and Selby. **(50 STAFF)**



2001

Our own Quality Assurance launched via annual team audits.

2002

2003

We buy our first building – Tennant Hall in Leeds.

2000

1999

Steve Woodford collects an MBE on behalf of all colleagues.

1999

Our Housing Advice to Black and Asian Prisoners (HABAP) wins a national innovation award.

1997

1998

Now reach 500 bed spaces and the turnover hits £2.5m. **(100 STAFF)**

1999

Change of name to Foundation Housing to reflect our more diverse customer group.

2003

Merged with Home & Dry in Scarborough. **(170 STAFF)**

2005

2004

Providing supported housing to over 2000 people plus training and advice.



2006

Together Women Project established and floated as a separate charity in 2010 with women's centres in Leeds, Bradford, Sheffield and Hull.

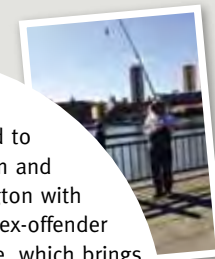
2007

2008

First intake of trainees represents new approach to recruiting and training our own support staff. Plans are made to extend trainee opportunity to customers via GROW partnership with a number of other agencies including West Yorkshire Probation.

2008

Expand to Durham and Darlington with a new ex-offender scheme, which brings the first steps across the North Yorkshire border.



2010

2009

GROW developed to support our customers to become colleagues.

2009

Rebrand from Foundation Housing to Foundation.

2009

Foundation's 25 year Anniversary (Silver).

2009

Merged with Scarborough Domestic Abuse Service. **(250 STAFF)**

FOUNDATION



2012

Gain Registered Social Landlord (RSL) status.

2012

Launch of the Big Lottery Funded Springboard Project for young people leaving care in York, Selby & Ryedale.



2012

Redcar and Cleveland Domestic Abuse and Sexual Violence Service transfers to Foundation.

2013

New service in Tameside to provide for people with complex needs.

2013

Steve Woodford leaves Foundation after almost 30 years and Maggie Jones takes over as the Chief Executive in June.

2014

A new management structure was brought in to support the growth and development of the charity.

30 YEARS BUILDING SOCIAL INCLUSION

CONTENTS

- 3 Scott's Story
- 4 Strategic Plan 2012-15: Progress in 2014
- 6 2014 Highlights
- 8 Jak's Story
- 9 Social Exclusion and Inequalities: 1984-2014
- 10 Foundation's Performance in 2014:
Promoting Social Inclusion
- 12 Cost of Living 1984-2014
- 13 When Alcohol Takes Over
– A Case Study
- 14 Domestic Abuse Services
- 16 Foundation Learning...
- 17 Development Activities in 2014
- 18 Foundations' Services
Across the North of England
- 20 Leeds Customers' Football Team
- 21 Let's Dance...
- 22 Harrogate Supported Accommodation Projects
- 23 The Financial Year
- 24 Our People
- 25 Contact Us



SCOTT'S STORY

I currently live in the Southlands Road accommodation where the support has enabled me to develop the confidence and motivation to do more. I first became involved with Foundation in Harrogate but have since moved to York. The Foundation staff helped me to recognise my skills and plan for my future. I completed an Access Course at Askham Bryan College and I am now enrolled for a horticulture course which starts in September.

Foundation encouraged me to come out of my shell, I was shy and did not feel comfortable socialising, but I am gradually gaining the confidence to do so and I now take part in voluntary work. Currently I volunteer as a young carer, a career I am considering for the future. I am also a member of the Foundation York Gardening Group, which is really helpful for my college course, as a job in horticulture also interests me.

Being involved with Foundation has improved my physical and mental health. I am cutting back on my smoking and have registered with a doctor and dentist. I will be taking part in a 30 mile bike ride this year with other customers and staff from York and Selby in celebration of Foundation's 30th anniversary. I suffer from social anxiety but this is something that is now improving.

The staff in the York team are very supportive, they prepare you to move on into your own accommodation and lead an independent life. I am very proud of what I have achieved with their encouragement. I am grateful to Foundation for the support they have given me and have recently applied to be a Customer Trustee on the Foundation Board.

“BEING INVOLVED WITH FOUNDATION HAS IMPROVED MY PHYSICAL AND MENTAL HEALTH.

Scott, York Customer



STRATEGIC PLAN 2012-15 – PROGRESS IN 2014

25% of colleagues will have a background of eligibility for support

404 PEOPLE

employed by Foundation and of these 57 have a background of eligibility for support (14%)

We will continue to develop our volunteering and placement scheme for customers to ensure they gain the skills needed to apply for jobs with Foundation. All vacancies continue to be advertised to customers and support provided in the application process.

All services to achieve a **MINIMUM 75%** in relevant quality assessments

Recent quality assessments for our services have all **EXCEEDED 75%**

Next year we will develop a new performance and quality framework to ensure we are testing and stretching ourselves to meet our own high quality standards as well as those of external inspectors.

REACH 70% social inclusion score

Last year our average social inclusion score was **56%**. We also measured the distance travelled in relation to our social inclusion KPIs from service entry to departure. This shows an average **13% IMPROVEMENT** in social inclusion as a result of support

We will work to increase the average inclusion score by prioritising targets on paid work, training and volunteering in the year ahead. These are the priorities our customers have highlighted as the most important for their futures.

Achieve positive satisfaction levels from stakeholder feedback of **90%**

The 2014 Stakeholder Survey is currently underway. Interim results indicate a positive satisfaction **RATING OF 89%**. The final figures will be published in October

Increasing the response rate to our stakeholder survey remains a target for 2015. We will use our 30th Anniversary events to further engage stakeholders in feedback and dialogue.

Reduce the average cost of service per customer by **2% PER YEAR**

We have reviewed our hourly rate calculations which means that this year's rate cannot be compared with those from previous years

We will be developing a new Strategic Plan in the course of 2014-15 in which value for money will be a key priority, both through improving efficiency and evidencing the social value we create with customers.

90% POSITIVE feedback from customers when they leave our services

88% of customers surveyed (text) reported satisfaction levels of **90% AND ABOVE**

We will be working with different customer groups to improve positive outcomes and implement their suggestions for where we can do better.

EXCEED 90% POSITIVE outcomes in preventing homelessness

86% of our customers have maintained their accommodation
79% of our customers needing accommodation now have a secure home

We will be delivering more Fit-Kit sessions on debt and tenancy management and extending work with our private landlords to secure affordable accommodation which meets the new housing benefit requirements.

55% OF CUSTOMERS taking up employment, training or education

57% of our customers who required support to take part in employment, training or education achieved positive outcomes

We know we have much more to do in this area and will be building new partnerships with specialist organisations, investing in many more volunteering opportunities and social enterprise activities for customers.

Growth in contract funding of **10%**

Our latest report and financial statement shows our contract income last financial year **INCREASED BY 2%** compared to 2012-13

We will be launching a new Development and Growth Strategy in 2015, which balances growth with diversification of income to increase our sustainability.

Reduce carbon footprint by **2% PA**

We reduced our carbon footprint by 2% through more efficient use of energy, home based working and encouragement to share cars and use public transport

We will continue to focus on reducing travel costs through reducing missed visits and undertaking more group work. Our IT upgrade will also enable smarter use of new technology in 2015.

2014 HIGHLIGHTS



01 JANUARY

In January 2014, 11 Wakefield volunteers accessed employment or entered full time education. Three gained employment with partner agencies and one started their own business. Wakefield volunteers included customers participating in Foundation's volunteer programme (GROW) as well as community volunteers.

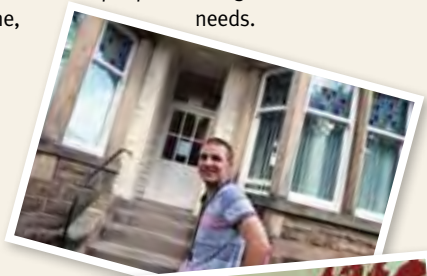


02 FEBRUARY

Foundation commissions a Governance Review to ensure best practice and extend customer involvement in strategic decision making. An Action Plan was developed from the final report in June, which is now being implemented.

03 MARCH

In Harrogate new accommodation for vulnerable young people is officially opened. Belmont Road provides supported accommodation for young people with high level needs.



04 APRIL

Foundation implemented a new management structure that will enable us to improve our operation of services and grow and develop new areas of work.



05 MAY

The Springboard Project launched a music video produced by young people with experience of care. The music video has been viewed on You Tube 8071 times.

“WITH FOUNDATION THINGS I NEED HAVE BEEN PUT IN PLACE FROM THE START.
Barnsley Customer”



West Yorkshire - Finding Independence
Delivering Fulfilling Lives:
Supporting People with Multiple Needs Programme

FOUNDATION

06 JUNE

Foundation commenced delivery of the Big Lottery funded West Yorkshire – Finding Independence (WY-FI) project in Calderdale in June 2014. The aim of the project is to improve the lives and wellbeing of people with the most entrenched multiple and complex needs who don't engage in services, revolve in and out of services, or are excluded from services. This ambitious programme will work with people with at least three of the four complex needs: problematic substance misuse, homelessness, mental ill health and/or re-offending behaviour.

WY-FI estimates that 1,455 people out of the 2,445 people in West Yorkshire who experience three or more of these needs do not receive all of the services they require. The WY-FI project is designed to support 1,050 beneficiaries over its six year term.

A team of four staff and one peer mentor volunteer are currently delivering the programme in Calderdale. The team will work with 15 people with multiple and complex needs, helping them to access the services they need, build their resilience, gain confidence and acquire the personal and social assets they need to meet their aspirations.



07 JULY

In Leeds we launched a new project funded by the Big Lottery Fund in partnership with Phoenix Dance. This will provide opportunities for young people to take part in contemporary dance, participate in performances and gain an Arts Award Qualification.



08 AUGUST

The Durham team delivered Fit-Kit group sessions to help customers gain independence and social inclusion. Sessions included money management and preparing healthy food on a budget.

09 SEPTEMBER

Foundation's 30th anniversary celebrations commenced on the 4th. We recruited four trustees to bring new skills and expertise to the Board.



30 YEARS BUILDING SOCIAL INCLUSION

JAK'S STORY

“I HAVE ASPERGER'S SYNDROME BUT THIS HAS NOT STOPPED ME FROM WRITING MY OWN BOOK.
Jak, Harrogate Customer”

I have been with Foundation in Harrogate for just over a year and the support of the staff has been brilliant. I currently live in my own self contained flat which is perfect for me as I like decorating and have managed to make the place my own.

I have Asperger's Syndrome but this has not stopped me from writing my own book, 'The Reign of the Dark Demons', a fantasy based novel about a fight to save the world from evil. The book was recently published by an American publisher and I am now working on the sequel.

Before my book was published I was given a contract stating that I would be required to attend book signings and be interviewed by the media. I needed to think about whether I was ready for that to happen but with the support of Foundation staff I have been able to build my confidence.

Kieran, my Housing Support Worker is great and he has encouraged me to take part in social activities such as the customer barbeque where I met new people. I enjoy being supported by Foundation and will be sad when I leave.



SOCIAL EXCLUSION AND INEQUALITIES: 1984 - 2014

1984

In 1984 unemployment levels exceeded

2 MILLION

There was a

RISE IN LEVEL OF HOME OWNERSHIP

during the 1980s.



The 1980s saw

HIGHER LEVELS OF INCOME INEQUALITY

with the top 1% securing an increased share of overall income.

The number of young people aged 16-24 in full time education was

50% LOWER

in 1984 compared with 2014.



2014

Oxfam announced in 2014 that the

5 RICHEST FAMILIES

in the UK are now

WEALTHIER THAN THE BOTTOM 20%

of the entire population (12.6 million people).



In 2013-14 around

£1.8 BILLION

was being lent through payday loans.



In 2013-14,

913,138

people were given

3 DAYS'

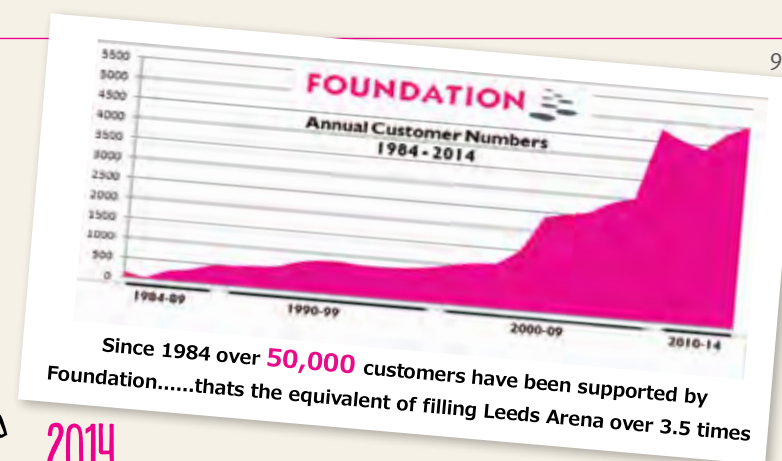
emergency food and support by Food Banks.



Since October 2010 gas and electricity prices have

INCREASED BY 36% RISING AT 8 TIMES

the rate of earnings.



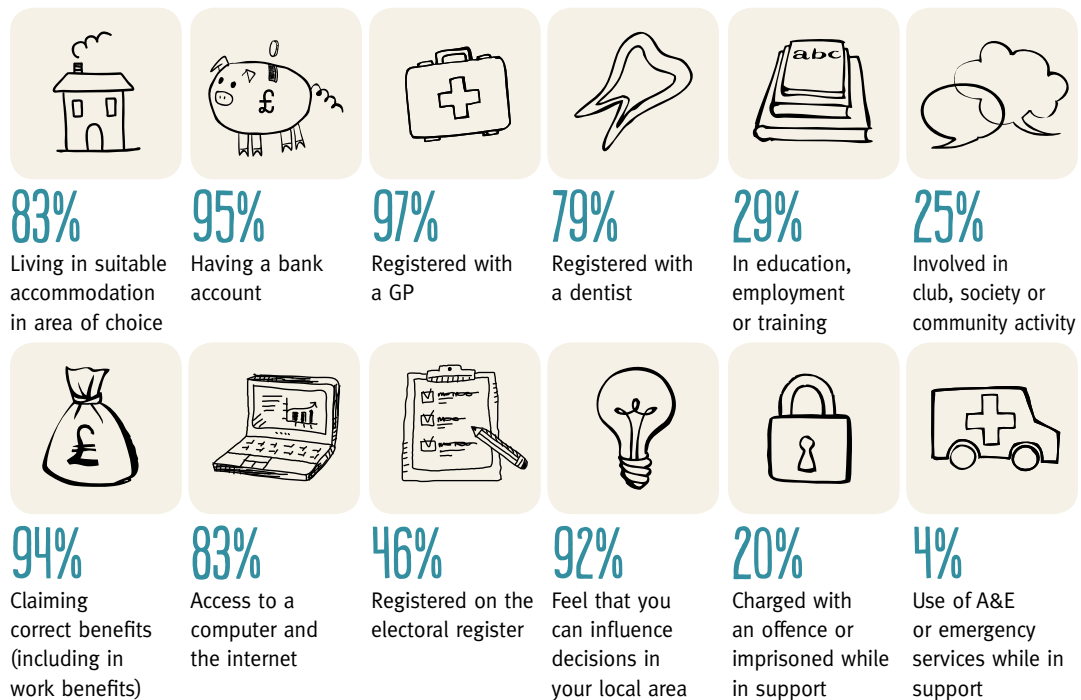
FOUNDATION'S PERFORMANCE IN 2014: PROMOTING SOCIAL INCLUSION

Foundation's Key Performance Indicators (KPIs) measure levels of social inclusion among our customers.

We assess customers on all 12 of our measures when they enter our service and again when they leave. This enables us to determine changes in social inclusion levels over their time in support.

Last year we achieved the following positive social inclusion scores:

CUSTOMER ACHIEVEMENTS ON DEPARTURE FROM OUR SERVICES.



“INFORMATION FROM FOUNDATION HELPED ME WITH INTERVIEW TECHNIQUES AND MY CV.

Durham Customer”

IN 2013-14

3,644

PEOPLE LEFT OUR SERVICES

Preventing Homelessness

Among the customers who left our services in 2013-14 and who had an identified housing need

79%

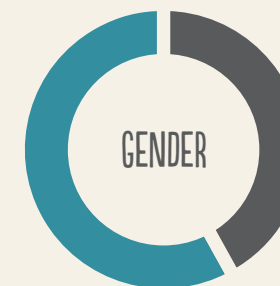
secured or obtained settled accommodation and

86%

successfully maintained their accommodation

CUSTOMERS LEAVING OUR SERVICES

Customer Gender:



58%
MALE



42%
FEMALE

Customer Age:

2% UNDER 18
35% 18-24
18% 25-30
45% OVER 30

Customer Category:

41% OFFENDERS
9% SURVIVORS OF DOMESTIC ABUSE
9% HOMELESS FAMILIES
22% YOUNG PEOPLE
19% HOMELESS ADULTS

Of customers leaving our services in 2013-14:

83% achieved positive outcomes in relation to economic wellbeing

85% achieved positive outcomes in relation to enjoying and achieving

85% achieved positive outcomes in relation to being healthy

86% achieved positive outcomes in relation to staying safe

92% achieved positive outcomes in relation to making a positive contribution

COST OF LIVING 1984-2014

30 years of promoting social inclusion: the cost of living in 2014 compared to 1984.

We have looked at how prices and the cost of living have changed over the past 30 years.

People are now spending a much higher proportion of their income on rent. While the cost of the main food items bread, milk, butter and chicken show a steady increase overall since 1984.

1984 COMPARED TO 2014



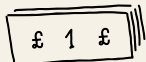
INCOME
(median per week)
£207.29
£517.00



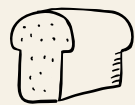
HOUSE
(average UK house price)
£29,106
£250,000



HOUSE
(Yorks & Humber)
£24,073
£130,206



RENTS
(% of average earnings)
8-10%
Up to 43%



BREAD
(sliced white)
71p
£1.15



MILK
(pint)
22p
49p



BUTTER
51p
98p



CHICKEN
(frozen)
£1.37
£6.67

THE MEDIAN WEEKLY INCOME HAS MORE THAN DOUBLED

x2

UK HOUSE PRICES HAVE GROWN BY MORE THAN 800%

x8

“ FOUNDATION ARE SO RESPONSIVE AND HELPFUL, EVERYTHING CAN IMPROVE.

Lancashire Customer

”

WHEN ALCOHOL TAKES OVER — A CASE STUDY

John* a customer of our Darlington team was struggling to manage his anger and had for a long time been dependent on alcohol.

This had resulted in frequent contact with the police and some very challenging behaviour. After discussion with his Support Worker it was clear that John was not able to acknowledge that his drinking was problematic and it was also evident that his alcohol consumption was reinforced by his friends and contacts among whom a culture of drinking was the norm.

Not having settled accommodation was a central factor influencing John's ability to recognise and address his dependence. He agreed with his Support Worker that once his accommodation was in place he would be ready to tackle his drinking.

*To protect customer confidentiality we have used a pseudonym

Initial focus was therefore on sourcing accommodation aligned to John's personal preferences. Once accommodation was secured he started to attend anger management and enjoyed the sessions, engaging successfully with his MIND worker. However, he was still resistant to addressing his drinking claiming that it was not really a problem.

The Community Alcohol Service (CAS) screening tool for alcohol related risk was the catalyst for changing John's entrenched attitude. After completing the 10 questions with his Support Worker John scored a total of 35 out of a possible 40 (scores above 20 indicate possible alcohol dependence) indicating a requirement to refer to the CAS. The 6 step plan for change helped John to identify reasons for making changes and prompted discussion about management of emotional and difficult situations linked to his drinking. After completing the screening tool John attended appointments with the CAS and continued to do so after leaving Foundation's services.



Bleworldtravel / Shutterstock.com

Sonja's / Shutterstock.com

DOMESTIC ABUSE SERVICES

Foundation has been delivering services for people affected by domestic and sexual abuse for five years.

We support 70 survivors of domestic abuse at any time in Scarborough, Ryedale, and Redcar and Cleveland, alongside 55 perpetrators of domestic abuse in Doncaster (Chance 2 Change service), and North Yorkshire (Making Safe scheme). We also provide support to children and young people affected by domestic abuse across North Yorkshire and Redcar and Cleveland.

In Redcar and Cleveland our Independent Sexual Violence Adviser (ISVA) provides both support and information to victims of sexual abuse who are accessing or considering accessing the criminal justice system.

ISVA support includes: pre-trial visits to court; an explanation of the judicial process and support for both the victim and his/her family while evidence is being given in court.

The emotional and practical support provided by the ISVA plays an important part in helping victims to deal with the impact of rape, sexual assault or childhood sexual abuse. Last year (2013-14) our ISVA supported 33 victims.

In April we appointed a specialist Development Manager to focus on applying the most up to date research and best practice to services for victims, perpetrators and families affected by domestic abuse.

This post quickly yielded positive results with the award of the Doncaster 'Chance 2 Change' service where we now deliver behavioural change programmes to perpetrators of domestic abuse with practical wrap around support to address the issues which trigger abusive behaviour, for example; substance misuse, debt, accommodation, parenting skills and dealing with stress.

New Fit-Kit customer training modules will be launched in October to help structure support for healthy relationships.

We are delighted to be able to offer an innovative and comprehensive service to identify and tackle abusive behaviours at the earliest opportunity in addition to a more traditional 32 week programme for perpetrators with entrenched, harmful behaviours. We have started delivery of our own 'Train the Trainer' programme to equip front line staff, in Doncaster, with the skills needed to challenge abusive behaviour.

Staff from 'Chance 2 Change' and our 'Making Safe' services received 5 days of intensive training and participants were surprised by the amount of knowledge and experience they brought to the programme.

Our pragmatic approach to behavioural change will be independently evaluated in Doncaster by Sheffield University with oversight from the Centre for Research into Violence and Abuse (CRiVA) at Durham University.

The services we offer perpetrators are fully integrated with services offered to victims and families affected by abuse so that risk management plans have input from all the services involved.

We are justifiably proud of our 'whole family' approach to work in this field as research shows that the development of children who witness even low level abuse is adversely affected. The therapeutic services we offer children and young people in Scarborough, Redcar and Cleveland have excellent outcomes.

We have developed preventative programmes in both areas in response to increasing reports of teenage domestic abuse. This work is informed by the customers themselves who have helped to make the programme engaging and age appropriate. For example, in Redcar and Cleveland children and young people have devised slogans to put on rulers and erasers (such as 'rub out domestic abuse') which can then be handed out at workshops.

“ I HAVE HAD A VERY POSITIVE EXPERIENCE WITH FOUNDATION AND HAVE BEEN HAPPY WITH THE SERVICES I COULD ACCESS. I AM AWARE OF THE SERVICES I HAVEN'T USED AND JUST TO KNOW THEY ARE THERE GIVES ME PEACE OF MIND...WHICH IS SO IMPORTANT TO ME AT THIS POINT IN MY LIFE!!

Scarborough – Domestic Abuse Service Customer ”

FOUNDATION LEARNING ...

Foundation Inclusion Tools: Fit-Kit
Foundation Inclusion Tools (Fit-Kits) are learning modules designed to help with the delivery of customer support, aligned to individual Support Action Plans. These learning modules can be delivered on a one-to-one basis or via group sessions and can be adapted to fit customer needs.

Our current modules cover: money, health, community, education, housing, training and employment. Further modules are planned for late 2014 including: healthy relationships, mental health and wellbeing, domestic abuse, parenting, welfare benefits, substance misuse, sexual health and peer influence. Fit-Kit empowers customers to become more self aware and therefore better prepared for independent living and being a responsible tenant.

Our colleagues find Fit-Kit offers structure for their support sessions, providing new ideas, and increasing knowledge and skills.

Foundation Support Workers said:

"THE FIT-KIT SESSIONS ALLOW CUSTOMERS TO SOCIALISE IN A POSITIVE ENVIRONMENT, WE HAVE SEEN POSITIVE CHANGES IN PEOPLE'S ABILITY TO COMMUNICATE, AND ADDRESS NEGATIVE OR INAPPROPRIATE BEHAVIOUR."

"HAVING FIT-KIT REALLY ENABLED MY CUSTOMER TO HAVE A STRUCTURED CONVERSATION ABOUT HER SELF-WORTH."

"FIT-KITS DO NOT REPLACE SUPPORT PLANS, CRISIS INTERVENTION OR GIVE ALL THE RIGHT ANSWERS, BUT THEY DO INCREASE KNOWLEDGE, OFFER NEW INSIGHT AND GIVE STRUCTURE AND FOCUS."



Students

Leeds Metropolitan University has been placing social work students with Foundation for over 5 years. Placement students, from both the BA (Hons) and MA Social work courses have had overwhelmingly positive learning experiences within a range of Foundation settings where students receive an excellent induction programme, good supervision and are well prepared for their final practice placement. Student satisfaction levels generally exceed 90%.

Many of our students return after their placements end, to take up temporary positions, or carry out relief work for us, whilst others may return to volunteer with us too. We also welcome some students into full time roles as Support Workers and Support Assistants, often taking up career development opportunities to become Practice Educators themselves, supporting the next intakes of social work students through their placements with Foundation.

DEVELOPMENT ACTIVITIES IN 2014

During 2014 Foundation has been undertaking a review of development activity and considering potential new growth opportunities and innovative areas of work.

This has informed initial thinking for our Development and Growth Strategy going forward to 2018. The economic downturn and the current period of austerity have been, and continue to be, a significant challenge for Foundation. Cuts in local authority spending are now impacting on our contracted services resulting in ever tightening funding constraints.

Looking forward and building on existing projects we are seeking to develop and expand on key areas of work including: health, domestic abuse, criminal justice services, families and young people.

This year we have also been preparing for the roll out of the coalition government's Transforming Rehabilitation programme which will see a range of private and voluntary organisations delivering services to lower risk offenders including those who have been in prison for 12 months or less.

The Community Rehabilitation Companies (CRC) will deliver services to ex-offenders alongside the National Probation Service (NPS) that will provide support to ex-offenders in the community who pose the highest levels of risk. Foundation has been building links with potential prime organisations for Transforming Rehabilitation with an offer based on housing support and related services as a Tier Two provider.

This year Foundation is celebrating its 30th year anniversary and the Development Team has been co-ordinating a year of celebrations and fundraising. We have set an ambitious target to raise £30,000 from donations and sponsorship activities. The funds raised over the course of our anniversary year will provide some initial resources for an exciting social enterprise. We are examining existing business models and ideas with the aim of creating a rural, woodland enterprise that offers support for vulnerable young people based around training, skills building, and volunteering opportunities.

30 TASKS, 30 MILES ... £30,000



FOUNDATION'S SERVICES ACROSS THE NORTH OF ENGLAND

IN 2013-14

5,067

PEOPLE WERE SUPPORTED
AND

3,644

LEFT OUR SERVICES



Customer Category:

OF 41% **OFFENDERS** = 1,494

Leeds, Bradford, Calderdale,
Durham & Darlington, Kirklees, Lancashire,
Wakefield, Barnsley & Doncaster.

DA 9% **SURVIVORS OF DOMESTIC ABUSE** = 328

Craven, Hambleton & Richmondshire,
Scarborough DAS, Harrogate,
Redcar & Cleveland, Ryedale, Selby.

HF 9% **HOMELESS FAMILIES** = 328

Leeds, Bradford, Richmondshire.

YP 22% **YOUNG PEOPLE** = 802

Doncaster, Leeds, Craven, Darlington & Durham,
Hambleton & Richmondshire, Harrogate,
Calderdale, Ryedale, Scarborough, Selby,
Wakefield, Barnsley, York, Kirklees.

HA 19% **HOMELESS ADULTS** = 692

Tameside, Leeds, Wakefield, York, Harrogate,
Craven, Hambleton & Richmondshire.

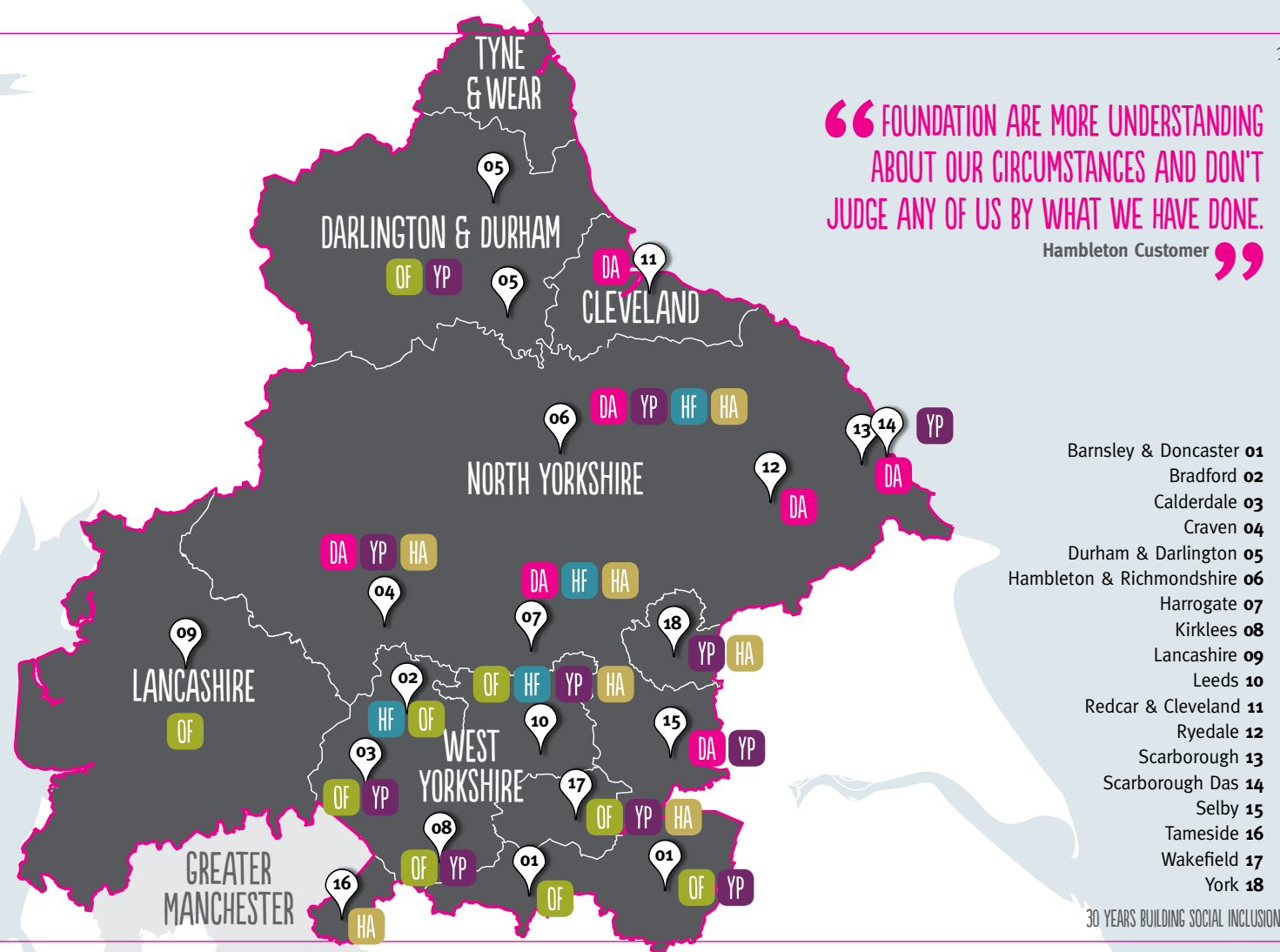
“...FOUNDATION HAVE DONE FOR ME WHAT NO
OTHER AGENCY HAS DONE BEFORE — THEY
HAVE GONE ABOVE AND BEYOND.”

Leeds Customer



“FOUNDATION ARE MORE UNDERSTANDING
ABOUT OUR CIRCUMSTANCES AND DON'T
JUDGE ANY OF US BY WHAT WE HAVE DONE.”

Hambleton Customer



LEEDS CUSTOMERS' FOOTBALL TEAM



“IT WASN'T UNTIL I STARTED THESE SESSIONS THAT I REALISED I WAS MUCH FITTER FOUR YEARS AGO THAN I AM NOW, I LOOK FORWARD TO FRIDAY'S FOOTBALL.”

Kenny, Leeds Customer

In Leeds our staff have organised a 5-a-side football game that takes place every Friday at the Leeds Sports Centre. The sessions are popular with customers and well attended. The football has been a big draw for customers but other benefits include: fitness, addressing social isolation, and promoting communication skills and healthier lifestyle choices.

Foundation customer and new football recruit, Kenny, commented on how the sessions have prompted him to cut down on his smoking with a view to giving up altogether he said: “It wasn't until I started these sessions that I realised I was much fitter four years ago than I am now, I look forward to Friday's football.”

The team enter tournaments every two to three months and the players relish the chance to play against other sides. Foundation has very close links with Leeds United Foundation and some players regularly attend sessions with this group as well. A welcome donation of £250 from Redmayne Bentley Stockbrokers has enabled us to purchase essential equipment to maximise participation in the sport.

REDMAYNE
BENTLEY
STOCKBROKERS

30 FOUNDATION

LET'S DANCE...



Foundation in partnership with Phoenix Dance is providing a unique opportunity for young people to work alongside professionals and to learn about contemporary dance. This project funded through the Big Lottery Fund's Awards for All programme will enable young people to gain a recognised qualification and valuable skills for employment.

The sessions take place in the Phoenix Dance professional studios in Leeds and are run by Tanya Richan-Okoi who is the company's Youth Academy Coordinator. Twenty customers are taking part in the project and learning skills for contemporary dance, led by two staff members and Foundations' Dance Coordinators. It is amazing to see how much is achieved in each weekly session – the group are working towards a performance piece called '1976', which is based on an original from Phoenix Dance's repertoire inspired by the Sowetto Uprising and centred on the relationship between two girls. All participants will gain a Bronze Arts Award qualification at the end of the 18 week programme.

“I USED TO DANCE WHEN I WAS YOUNGER BUT HAVEN'T FOR A LONG TIME. I HAVE TWO YOUNG ONES AND THIS PROJECT GIVES ME TIME FOR MYSELF, OUTSIDE BEING A MUM. I DON'T WANT TO STOP AND INTEND TO CARRY ON AFTER THE PROJECT HAS FINISHED...”

Suzanne, Leeds Customer

“I JOINED THE PROJECT TO IMPROVE MY PHYSICAL HEALTH, I HEARD ABOUT IT FROM MY SUPPORT WORKER. NORMALLY I FEEL QUITE ISOLATED – THIS PROJECT ALLOWS ME TO COME TO A SAFE SPACE, BE SOCIAL AND BE CREATIVE. I AM REALLY ENJOYING THE SESSIONS, THE TEACHER IS FANTASTIC. I HOPE IT WILL LEAD ON TO FURTHER THINGS.”

Jessamine, Leeds Customer

“IT IS A JOY TO BE INVOLVED IN THIS PROJECT – SEEING THIS GROUP OF YOUNG PEOPLE MEETING EACH WEEK DEVELOPING IN CONFIDENCE, CREATIVITY AND CLEARLY HAVING A GOOD TIME. IT IS INSPIRING TO SEE THE GROUP WORKING TOGETHER SO WELL AND SUPPORTING EACH OTHER AND DEVELOPING A FANTASTIC END PROJECT.”

Sarah, Foundation Dance Coordinator

30 YEARS BUILDING SOCIAL INCLUSION

HARROGATE SUPPORT AND ACCOMMODATION PROJECTS FOR VULNERABLE YOUNG PEOPLE



WESTCLIFFE GROVE

This is a unique scheme designed for single parents (aged 16-25) with medium level needs. Westcliffe Grove consists of seven self contained apartments providing comfortable accommodation for young parents and their children as well as a resource room and play area.

Westcliffe Grove hosts weekly coffee mornings offering a safe environment for children to play, for mums to meet new people and to raise any concerns or issues with the on-site Support Worker. Recently we received a donation from Harrogate's Rotary Club after inviting members along to one of the Coffee Mornings. These funds have been used to upgrade the play facilities in the courtyard enabling the children to play safely outside.



BELMONT ROAD

Belmont Road is our newly refurbished housing unit for young people with high support needs. It includes five self contained flats, a lounge, resource room and shared kitchen. Our Support Workers who are on site at all times promote the involvement of young people by arranging different activities. The accommodation includes IT facilities and many of the young residents participate in our popular Cook and Eat sessions in the communal kitchen. We regularly host movie nights in the shared lounge which also provides an informal space in which young people can relax and socialise.



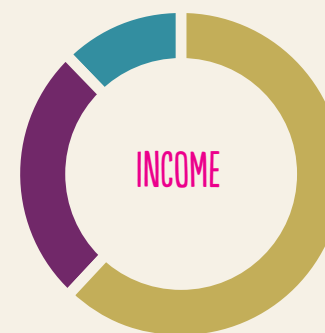
THE FINANCIAL YEAR

“THE SUPPORT WORKER IS ALWAYS THERE TO HELP WITH ANY PROBLEMS.”

Wakefield Customer ”

INCOME & EXPENDITURE

Last year our turnover rose from £13.5 million to £14.4 million as a result of taking on new contracts and services. We have also seen a significant increase in rental income.



RENT

30%

£4,375,000



SUPPORTING PEOPLE

63%

£9,047,000



OTHER FUNDING

7%

£985,000

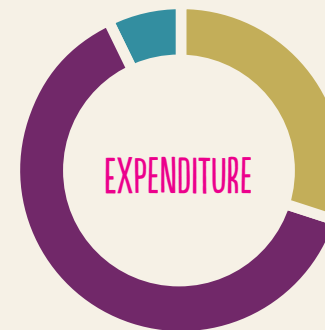


TOTAL INCOME

£14,407,000

“THE WORKERS ARE ALWAYS ON HAND FOR THEIR CUSTOMERS AND GIVE THEM GOOD ADVICE.”

Durham Customer ”



STAFFING

62%

£9,113,000



PROPERTY & FURNISHINGS

26%

£3,760,000



OFFICE & RELATED

12%

£1,760,000



TOTAL EXPENDITURE

£14,633,000

OUR PEOPLE

“NOBODY ELSE IS AS INFORMAL AND FRIENDLY, BUT HIGHLY PROFESSIONAL TOO.”

Selby Customer

SENIOR MANAGERS

Maggie Jones
Chief Executive

Jo Carnachan
HR Director

Paul Hardman
Development and Communications
Director

John Hill
Assistant Operations Director

Teri Stephenson
Operations Director

Caroline Watson
Finance and IT Director

Viki Whelan
Assistant Operations Director

AREA MANAGERS

James Allen
Leeds, Wakefield

Maggie Allen
Darlington, Durham,
Redcar & Cleveland

Simon Featherstone
York and North Yorkshire Offenders

Harry Hudson
Bradford, Calderdale, Kirklees

Maggie Langhorn
Lancashire, Tameside

Wendy Merry
North Yorkshire

Claire Woodhead
Barnsley, Doncaster

BOARD MEMBERS

Aidan Grills

Peter Johnston

David Jorysz

Nigel Lockett

Amanda Mather

Darren Mills

David Pattinson

David Powell

Philip Turnpenny

Claire Vilarrubi

COMMITTEE MEMBERS

Rebeka Smith

Chris Welch



CONTACT US

HEAD OFFICE

Tennant Hall, Blenheim Grove
Leeds. LS2 9ET
Tel 0113 303 0150

BARNESLEY

McLintocks, Summer Lane
Barnsley. S70 2NY
Tel 01226 241665

BRADFORD

East Wing, Ground Floor
Broadacre House Annexe
George Street, Bradford. BD1 5AA
Tel 01274 303550

CALDERDALE

21 Bull Green
Halifax. HX1 2RZ
Tel 01422 386910

CRAVEN

Unit 13, High Corn Mill
Chapel Hill, Skipton. BD23 1NL
Tel 01756 701110

DARLINGTON

Hallmark House, 1a Chancery Lane
Darlington. DL1 5QP
Tel 01325 289410

DONCASTER

Unit 5 First Floor
Portland Place, Trafford Way
Doncaster. DN1 3DF
Tel 01302 323159

DURHAM

Miners Hall, Redhill
Durham. DH1 4BD
Tel 0191 3862303

HARROGATE

12 Haywra Street
Harrogate. HG1 5BJ
Tel 01423 500905

KIRKLEES

1a Lord Street
Huddersfield. HD1 1QA
Tel 01484 550686

LEEDS

Tennant Hall, Blenheim Grove
Leeds. LS2 9ET
Tel 0113 303 0220

LANCASHIRE

Calico Building, Centenary Court
Croft Street, Burnley. BB11 2ED
Tel 01282 686409

NORTHALLERTON & HAMBLETON

Hambleton District Council
Civic Centre, Stone Cross
Northallerton. DL6 2UU
Tel 01609 767008

REDCAR

Unit 1, Henson's Business Centre
Kirkleatham St, Redcar. TS10 1RE
Tel 0300 4562214

RICHMONDSHIRE

The Galleries, Ryders Wynd
Richmond. DL10 4JU
Tel 01748 850756

RYEDALE

YMCA, The Sidings, 73 Riverside
View, Malton. YO17 9RB
Tel 01653 691400

SCARBOROUGH

22 Victoria Road, Scarborough.
YO11 1SD
Tel 01723 361100

SCARBOROUGH DOMESTIC ABUSE SERVICE

69a Manor Road, Scarborough.
YO12 7RT
Tel 01723 365609

SELBY

Cygnat House, 3 Church Lane
Selby. YO8 4PQ
Tel 01757 210415

TAMESIDE

Harper House, 28 Adam Street
Ashton-Under-Lyne
Tameside. OL6 6LQ
Tel 0161 3303436

THIRSK

11 Westgate, Thirsk. YO7 1QR
Tel 01845 522222

WAKEFIELD

The Loft, Trinity House Trinity
Church Gate, Union Square
Wakefield. WF1 1TX
Tel 01924 247247

YORK

Basement Office, 27/28 St Marys
Bootham, York. YO30 7DD
Tel 01904 526240





FOUNDATION 



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www.foundationuk.org
www.foundationdomesticabuse.org

 Foundation_____
 Foundationuk.org

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