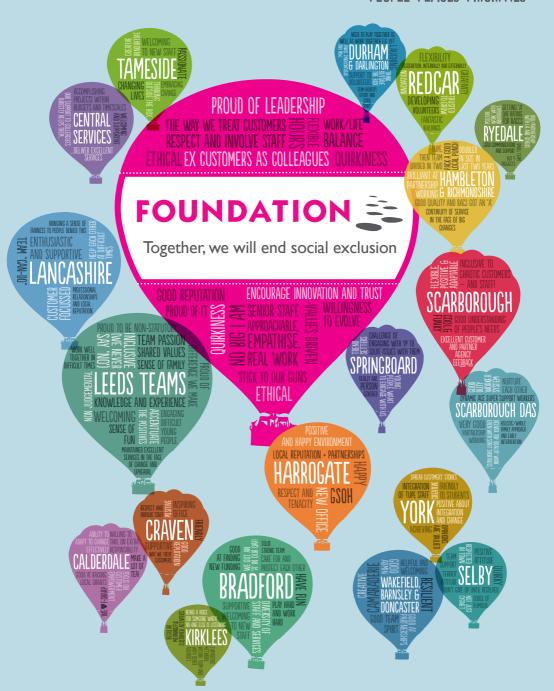
### PEOPLE PLACES PRIORITIES



**IMPACT REPORT 2013** 

### **CONTENTS**

### 2013

THEY WERE THERE TO LISTEN
AND ADVISE ME WITH DIFFERENT
APPROACHES TO THE THINGS THAT
I WAS HAVING PROBLEMS WITH.

- 3 People Places Priorities
- 4 Looking Forward Strategic Plan
- 6 Reducing Reoffending
- 7 Darren's Story
- 8 Highlights of our Year
- 10 Foundation's New Services
- 12 Football Health Learning...
- 13 Spotlight on Selby
- 14 People and Places Our services
- 16 2013 Performance and Outcomes
- 18 Tools for Inclusion FIT KIT
- 19 The Financial Year
- 20 Promoting Healthy, Positive and Respectful Relationships
- 21 Sugar-Plumb Solutions
- 22 Our People
- 23 Contact Us

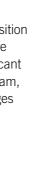
I WOULD ALWAYS RELY ON FOUNDATION WITH HELP REGARDING BENEFITS AND THINGS WITH THE HOUSE, I REALLY ENJOYED WORKING WITH FOUNDATION AND I AM NOW VOLUNTEERING WITH THROUGH THE GATE.

MY SUPPORT WORKER HAS BEEN THERE FOR ME SHE RESPECTED ME AND WAS NON JUDGMENTAL, LISTENING AND HELPING ME WITH MY ISSUES.

### PEOPLE PLACES

### **PRIORITIES**

has been a year of transition for Foundation. We have been sad to lose significant colleagues on the board and staff team. but are looking forward to the changes we are making bearing fruit, taking Foundation in new directions while staving true to our roots.





We are delighted this year to have opened new services in Tameside.

providing adults with complex needs with accommodation and structured support, and Doncaster, where Foundation is working with care leavers. In Leeds, we are now partners in a consortium delivering a holistic, individually tailored approach to independent living for disadvantaged young people. The early results are inspiring, with the enthusiasm of the young people and their optimism for the future providing a lesson for us all.

In spite of the amazing achievements of our customers and the great support from partners across the 22 localities in which we work it is important to recognise that life has become significantly more difficult. for individuals, families and organisations, with the impact of benefit reforms, continuing high levels of unemployment and rising living costs.



These are. however the times we were made for. Foundation's

mission of ending social exclusion has never been more relevant or important. We remain totally committed to our vision of a country in which everyone, no matter what their personal circumstances, has the opportunity to achieve and belong.

Towards that end, Foundation will be working in 2014 to offer real solutions to the barriers faced by our current customers. Building on our track record we aim to diversify our services and use the experience of customers to inform and influence decision makers

Thank you for the support you have given to Foundation, we hope you will be inspired by the pages that follow to redouble your efforts, working with us to create a fairer world.

**Nigel Lockett** 

Chief Executive



We said goodbye to several long serving members of staff who have had a

huge impact on Foundation's development, not least our founding CEO Steve Woodford. who retired after almost 30 vears at the helm. Maggie Jones joined as the new CEO in May and in November a new Director of Development and Communications, Paul Hardman was appointed to lead on our ambition to raise Foundation's profile and gain wider recognition for the importance of our mission of ending social exclusion.

Foundation's greatest asset is its people, both customers and staff. This year they have faced many challenges arising from the current environment with fortitude, achieving real and lasting positive change for customers and the communities. in which we work. Many colleagues have taken on additional responsibilities and managed higher workloads for which we are grateful.

### **LOOKING FORWARD**

### STRATEGIC PLAN 2012-15 - REACHING TARGETS

### **Our Targets**

### 25%

of colleagues will have had a background of eligibility for support

### Progress In 2013

# Foundation employs 351 PEOPLE and of these 60 HAVE a background of eligibility for support

### What Next?

NEXT YEAR WE WILL BUILD ON THIS BY SUPPORTING CUSTOMERS TO GAIN SKILLS AND VOLUNTEER THROUGH OUR GROW PROGRAMME. AS VACANCIES ARISE WE WILL ALWAYS CONSIDER CANDIDATES WHO ARE FORMER CUSTOMERS. A GUIDE FOR NEW EMPLOYEES WITH A BACKGROUND OF SUPPORT IS CURRENTLY IN DEVELOPMENT.

### All services to achieve a minimum

in relevant quality assessments

Last year we participated in the quality assessment framework,

### ACHIEVING 100%

in both Bradford (QAF level A) & North Yorkshire (QAF Level A).

WE WILL INVESTIGATE A NUMBER OF QUALITY MODELS INCLUDING CQC QUALITY STANDARDS WITH A VIEW TO ENSURING WE CAN MEET THEM FOR FUTURE SERVICE DEVELOPMENT.

## REACH 70% social inclusion score

Our social inclusion scores ranged from (registered with a doctor) 93% TO 16% (in paid work) AVERAGE OF 58%

WE WILL WORK TO INCREASE THE AVERAGE INCLUSION SCORE AND PRIORITISE TARGETS ON ACCESS TO THE INTERNET AND BANK ACCOUNTS FOR OUR CUSTOMERS. THESE ARE NOW VITAL AS BENEFIT REFORMS ARE ROLLED OUT.

Achieve positive satisfaction levels from stakeholder feedback of Only

97% of stakeholders provided positive feedback on Foundation rating our services and staff as GOOD OR EXCELLENT

INCREASING THE RESPONSE RATE TO OUR STAKEHOLDER SURVEY FROM THE CURRENT 20% WILL BE A PRIORITY IN 2104 AND RESPONDING DIRECTLY TO THE FEEDBACK RECEIVED BY IMPROVING OUR COMMUNICATION ON REFERRALS.

### REDUCE

the average cost of service per customer by **2% DFR YFAR** 

We monitor the hourly cost of delivering our services. Compared to last year we have  $\begin{array}{c} \text{CHIEVED A 5\%} \\ \text{reduction in the hourly rate.} \end{array}$ 

WE WILL CONTINUE TO REVIEW HOURLY COSTS IN ORDER TO BE MORE EFFICIENT IN AN INCREASINGLY COMPETITIVE MARKET PLACE. WE WILL INVEST IN NEW MODELS OF SERVICE DELIVERY AND INVOLVE CUSTOMERS TO ENSURE THE QUALITY OF SUPPORT IS NOT COMPROMISED.



### OUR MISSION: WE WORK TOGETHER WITH PARTNERS TO PROVIDE OPPORTUNITIES FOR CHANGE, GROWTH AND SOCIAL INCLUSION FOR OUR CUSTOMERS

### **Our Targets**

positive feedback from customers at exit from our services

### Progress In 2013

of customers who responded to our SMS text survey provided positive feedback.

### What Next?

IN 2104 WE WILL WORK TO INCREASE THE NUMBER OF CUSTOMERS WHO COMPLETE AN EXIT SURVEY AND ANALYSE RESULTS BY SERVICE TYPE TO EFFECTIVELY IMPLEMENT CUSTOMER SUGGESTIONS FOR IMPROVEMENT.

### EXCEED 90%

positive outcomes in preventing homelessness

### LAST YEAR 80%

secured settled accommodation

maintained their accommodation

**NEXT YEAR WE WILL EXTEND RELATIONSHIPS** WITH THE PRIVATE SECTOR TO ENSURE SUFFICIENT MOVE ON ACCOMMODATION FOR **CUSTOMERS. TO ENSURE "MOVE ON FROM** DAY 1", WE WILL INCREASE THE NUMBER OF "FIT KIT" CUSTOMER SESSIONS FOR IMPROVED TENANCY KNOWLEDGE.

of customers taking up employment, training or education

Last year nearly one third of our customers had a need in relation to employment training or education. Of this group

J3 / Obtained paid work participated in work like activity and 1/ took part in training or education

IN 2014 WE PLAN TO OFFER MORE HELP TO OUR CUSTOMERS TO ENABLE THEM TO ACCESS EMPLOYMENT. WE WILL BE PROVIDING MORE WORK CLUBS DELIVERED FROM OUR PREMISES AND IDENTIFYING OPPORTUNITIES TO BUILD SUCCESSFUL SOCIAL ENTERPRISE ACTIVITIES TO PROVIDE TRAINING AND WORK OPPORTUNITIES.

### **GROWTH** in contract funding of

Our latest report and financial statement shows that our contract income last financial year increased by

4/0 compared to 2011-12.

IN 2014 WE WILL INVEST IN OUR CAPACITY TO RESPOND TO TENDER OPPORTUNITIES BY STRENGTHENING OUR DEVELOPMENT TEAM. AND PROACTIVELY SEEK FUNDING FOR WORK ON HEALTH AND EMPLOYMENT AS PRIORITY ISSUES IDENTIFIED BY OUR CUSTOMERS.

Reduce carbon footprint by 2% PA

We focused on reducing car journeys and energy consumption. As a result we have been able to reduce our carbon footprint by

WE WILL CONTINUE WORK TO REDUCE TRAVEL COSTS BY USING OUR OFFICE BASES IN A MORE FLEXIBLE WAY AND PILOTING THE USE OF NEW TECHNOLOGY FOR MEETINGS.

### REDUCING RE-OFFENDING **ACROSS THE NORTH OF ENGLAND**

Foundation delivers 21 services that provide support to ex-offenders across the North of England.

"I HAVE NOT OFFENDED SINCE WORKING WITH FOUNDATION, I HAVE MY OWN HOUSE AND HAVE A RUDGET PLAN IN PLACE SO I DON'T FEEL THE NEED TO OFFEND ANYMORF "

**Durham customer** 

### LAST YFAR (2012-13)

ex-offenders left our services. and at any time we support approximately

Foundation staff deliver services from custodial settings and in the community. Through our Making Safe scheme we provide support to the perpetrators of domestic abuse

We strive for excellence in our service delivery and obtain high performance and quality standards.

Last year (2012-13) we achieved a Level A through the Supporting People Quality Assessment Framework (QAF) for our North Yorkshire-wide Resettlement and Community Safety (RACS) service, and our Bradford Offender Services.

Customers leaving our services last year achieved high levels of positive outcomes in key areas all of which exceed the national average for England.

### POSITIVE OUTCOMES ACHIEVED

by ex-offenders leaving

Foundation\* services compared to the national average\*\* (2013-13)



Achieving settled accommodation



Improved mental health

Complying with statutory orders



Better management and reduction of substance misuse

\*Foundation% positive outcomes achieved among those with an identified need at service exit

\*\*England Average% compared to organisations that submit Supporting People data to St Andrews University

and control



to others



Engaging in work like activity

### RATES OF SUCCESS

While in support our ex-offender customers achieve high rates of success in staving out of trouble.

Since April 2013, 123 customers of our offender services completed an

exit survey.

Of this group 90 reported that they have not been charged with an offence or imprisoned during this time

This means that 73% did not commit any offences.



### DARREN'S **STORY**

Darren a former customer from Leeds is one of our customer trustees with an important role in our organisational governance.

### AFTER REING MADE REDUNDANT AND LOSING MY HOME. FOUNDATION HELPED MF GFT BACK ON MY FFFT...

hey helped me to find a new home and supported me through what was a very difficult time in my life. Without their knowledge and support things would have been much worse.

Once back on my feet and in settled accommodation. I was asked if I would like to join the board as a customer trustee.

At first I was not so keen on the idea but with excellent support from other customers, staff and other trustees I have now been on the board for 19 months, it has been massively rewarding and beneficial to many aspects of my life.

Being a customer trustee has also given me the opportunity to be a member of two committees. Performance and

Marketing and Development, this has meant that with help from members of the Customer Empowerment Group (CEG) and other customers I have

been able to voice any issues or feedback that customers may have in my role as trustee.

This has been really beneficial to customers and the organisation as a whole, it has proved that

Foundation has a Board that listens and acts upon what its I would really customers to get involved.

customers want. RENEFICIAL TO MANY encourage other ASPECTS OF MY LIFE.

whether it be in Customer Empowerment Groups, GROW volunteer opportunities or other groups, it really is rewarding and can be a lot of fun too.

### COUNTRYSIDE **VOLUNTEERS**

ustomers from across Durham and Darlington gained valuable employment skills through volunteering opportunities with Countryside Rangers, as part of the Priority Prolific Offender Mentoring scheme.

Foundation staff worked alongside customer volunteers to help with countryside management activities and made a positive contribution to their local community.



IT HAS BEEN MASSIVELY

REWARDING AND

### HIGHLIGHTS OF OUR YEAR

Year one of the Springboard project achieved positive outcomes for 63 young people

AN INC.

Our Families First service launches in Bradford

ALL YEAR ROUND

Kirklees

walking group



Young People's flagship service in Leeds starts delivery



Launch of our Tameside service







Steve's retirement event in Leeds

### HIGHLIGHTS OF OUR YEAR





Fit Kit tools for social inclusion implemented across the organisation.

AUGUST

Our Families First Key Worker service starts delivery in Leeds



SEPIEMBE.

Foundation is part of a successful bid to the Homeless Hospital Discharge Fund

OCTOBER

Foundation's Annual Housing Report is completed. This was produced by our customers with support and co-ordination from a staff member.

New service in Calderdale for rough sleepers starts delivery



Foundation appoints Paul Hardman as the Director of Development and Communications



Our Children Affected by Domestic Abuse Therapeutic Service rolls out across North Yorkshire.

## INTRODUCING FOUNDATION'S NEW SERVICES

This year has seen the launch of new services including support for families and young people leaving care and a new partnership for delivery.





### YOUNG PEOPLE LEAVING CARE ARE HELPED TOWARDS INDEPENDENCE IN DONCASTER

oundation's CLASS (Care Leavers Accommodation Support Service) service has been delivering supported housing to young people in Doncaster since June 2012. With a focus on young people 16-18 years of age, our support is designed to address key outcomes areas: be healthy, stay safe, enjoy and achieve, make a positive contribution, and achieve economic wellbeing.

Vulnerable young people leaving local authority care and referred to this service are provided with a comprehensive package of support based on an individualised assessment of needs. Our Doncaster-based team members Nikeisha, Adele, and Mark, work closely with local landlords to source secure accommodation for young people. Support is designed to help vulnerable young people to gain resilience and to build their independence.

# ADDRESSING COMPLEX NEEDS IN TAMESIDE

oundation's expansion into Greater Manchester in 2013 has paved the way for new partnerships and the delivery of a large accommodation-based service. With 54 customers at any one time, the Tameside team support adults with complex needs and through structured support enables them to achieve social inclusion. This service operates over nine different sites in the Borough including selfcontained accommodation and shared facilities.



The work of our Tameside team is recognised by the mayor.



### FAMILIES FIRST IN LEEDS AND BRADFORD

he Troubled Families
Programme involves
work with

"TROUBLED FAMILIES ARE

THOSE THAT HAVE PROBLEMS

AND CAUSE PROBLEMS TO

THE COMMUNITY AROUND

THEM. PUTTING HIGH COSTS

ON THE PUBLIC SECTOR. THE

**GOVERNMENT IS COMMITTED** 

TO WORKING WITH LOCAL

**AUTHORITIES AND THEIR** 

TROUBLED FAMILIES IN

AROUND BY 2015."

PARTNERS TO HELP 120,000

ENGLAND TURN THEIR LIVES

HM Government, 2013

local authorities to: get children back into school. reduce anti-social behaviour and crime levels, help adults into work, and reduce the costs of these families on public services. This is delivered through a Payment-by-Results model The Families First approach draws on research evidence that the provision of intensive intervention and support to the

most troubled families is the most effective way to turn their lives around and to stop antisocial behaviour.

Foundation is delivering the Families First programme in Bradford and Leeds

Key Workers provide intensive support to families offering practical approaches to overcoming barriers and simple solutions that enable them to build positive relationships, be

> effective parents, and engage with services.

**Families** typically face a wide range of problems such as financial difficulties including debt, insecure housing, health problems. drugs and/or alcohol misuse. and domestic violence Our approach to Families First is built on effective partnerships with the health

service, schools, criminal justice services, social services and other voluntary sector partners. Our whole family approach encompasses all family members and through a wraparound approach builds the team around the family (TAF).

### FLAGSHIP LEEDS

n July this year the Flagship partnership commenced delivery of a young people's service across the city of Leeds. Led by GIPSIL (Gipton Supported Independent Living) working in partnership with Foundation and Leeds Housing Concern, this service offers pre-tenancy work and up to 6 months accommodation based housing related support to young people at risk, plus follow on floating support for these young people.

The service aim is to maximise independent living for young people 16 to 25 years including young offenders, those leaving care and teenage parents. Through the partnership we are able to provide a single point of access into the service but also provide a focussed and localised support across the city. Foundation works closely with local agency BARCA across the North West of Leeds to provide a localised service for our young customers.

### FOOTBALL

### **HEALTH LEARNING...**

Our Leeds Headstart Project funded by Sport England, has been offering opportunities for Foundation customers to take part in the Championship Programme run by Leeds United Football Club

Leeds Head Start participant Danny is congratulated by Support Worker Lisa



he project aims to promote regular participation in football, positive mental and physical health, and skills for employment or training.

Tom a young man supported through our Leeds Young People's Service, has a history of drug misuse, offending and relationship problems. From the outset, Tom's low level of self-confidence was a major challenge, but participating in the Headstart Project was the catalyst that helped him to turn his life around

Tom took part in coach planning sessions that culminated in him running a warm up session for the group.

He learned the importance of effective communication both on the football pitch and as part of a team. Football offered a focus and positive use of leisure time, helping to address the boredom and lack of structure that had been a factor in his offending behaviour.

is accessing community services and interacting with neighbours - all part of sustaining a tenancy. Improved fitness has helped Tom to cut back on his smoking and he has now successfully applied for a 30 week course at Leeds Rhino's in conjunction with City of Leeds College.

### "I REALISED HOW MUCH SMOKING WAS HARMING ME AS THE GAP RETWEEN MY LAST DOING SPORT AND HEAD START WAS PROBABLY A YEAR. BUT MY BREATHING AND FITNESS WFRF MUCH WORSF."

Tom. Leeds customer

Tom is now successfully managing his own tenancy in Leeds and as consequence of his improved self-confidence he For Tom the future is now looking much brighter.



### SPOTLIGHT ON SELBY

Cygnet House is a small hostel in Selby accommodating eight young people aged 16 to 25.

"MY PROJECT WORKER LISTENS TO ME AND TAKES ON BOARD WHAT I SAY; THIS IS THE FIRST TIME FOR A LONG TIME THAT I FEEL VALUED. MY CONFIDENCE LEVELS HAVE ALSO INCREASED AND I FEEL MORE COMFORTABLE IN GROUP SETTINGS. I THINK THIS IS BECAUSE OF POSITIVE FEEDBACK I HAVE RECEIVED FROM MY PROJECT WORKER AND TUTORS"

### **Selby and Springboard Project customer**

he hostel forms part of the Young People's Pathway, a partnership led by Foundation delivering services across North Yorkshire and working to reduce youth homelessness and provide suitable accommodation for young people. In Selby we work with young people who have higher levels of need, offering intensive support 24 hours a day.

Staff, customers and volunteers work hard to make the hostel feel like home. Recently we have been working with companies, family members and of course customers to create a stimulating and exciting environment at the hostel, as well as delivering a range of activities designed to promote skills for social inclusion.

"I WAS USED TO
DOING NOTHING PRODUCTIVE
WITH MY TIME, WHICH IS PARTLY
WHY I ENDED UP IN SO MUCH
TROUBLE. I DID NOT KNOW WHAT
OPPORTUNITIES WERE OUT
THERE FOR ME."

Selby customer



### Our 2013 activities have included:

- Cooking groups for healthy eating on a budget
- Our local market stall sells unwanted items that have been donated by staff, customers and partners.
  Customers take a lead role in manning the stall, learning valuable skills along the way and all the money raised is used to fund customer activities, such as ice skating, cooking and gym visits
- Our Extra Mile scheme is funded through regular donations from a customer's mother. Every month a customer is nominated for their positive achievements and rewarded with a card, certificate and £20.
- Staff and customers recently teamed up with Lloyds
   Banking Group in Leeds, who provided a team to decorate bedrooms and transform the garden. With the help of some of our customers they cleared the weeds, made wooden planters and planted vegetables.



# PEOPLE AND PLACES OUR SERVICES

3,624 people left our services last year (2012-13)



Barnsley, Bradford, Calderdale Darlington, Durham, Hull, Kirklees Lancashire, Leeds, North East North Yorkshire, Wakefield



Calderdale, Darlington Doncaster, Kirklees, Leeds North Yorkshire, York



Bradford, Leeds North Yorkshire Redcar & Cleveland



Leeds, North Yorkshire Tameside, Wakefield York



domestic abuse North Yorkshire Redcar & Cleveland



LANCASHIRE

LEEDS TEAMS















### 2013 PERFORMANCE

### **AND OUTCOMES**

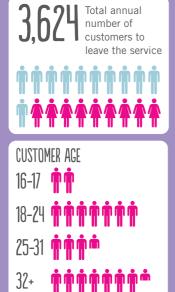
The excellent work of our offender services in Bradford and North Yorkshire has been recognised this year through the Quality Framework Assessments (QAF) completed by both local authorities. We were rated at Level A for both of these.

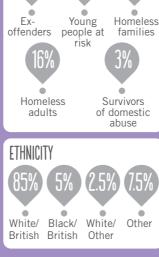


We are continuing to make good progress with our social inclusion scores and other outcome measures both showing improvements compared to previous years and to the England-wide average for our 5 outcome measures (economic wellbeing, enjoy and achieve, stay healthy, be safe and make a positive contribution). Between 2011-12 and 2012-13, 14 out of 15 of these areas of need decreased by an average of 4%.

**CATEGORY** 

### 2012-2013







DESTINATION

each icon represents 5%

🁚 each icon represents 5%

### 2013 PERFORMANCE

**AND OUTCOMES** 

### STAKEHOLDER **SURVEY RESULTS:**

**FXCFILENT** 

SATISFACTORY

NFFDS IMPROVEMENT







### INCLUSION SCORES 2012-2013





81%



25%

Registered with a Dentist



Internet Access

Registered to Vote



61%

In accredited education/training

Registered with a Doctor<sup>3</sup>





50%

Informal Learning - Last 6 months

Involved in a community activity







Use a Library



Bank or Post Office Account

### **TOOLS FOR INCLUSION**

**FIT KIT** 

As part of Foundation's mission to end social exclusion we are pleased to announce the arrival of Fit Kit – a new range of resources to equip our customers with the skills for successfully managing a tenancy, for independent living, and for social inclusion



it Kit launched in July this year, complements our housing support services and offers opportunities for structured learning. With 35 core activities addressing housing and independent living, each module can be delivered as self-directed learning, completed with support staff or volunteers, and as part of a workshop session.

The Fit Kit themes reflect our five outcome areas

Achieve economic wellbeing

L. Enjoy and achieve

3. Be healthy

Ц. Stay safe

**5.** Make a positive contribution and related topics:



Money



Health



Education employe



Education, employment and training



Housing

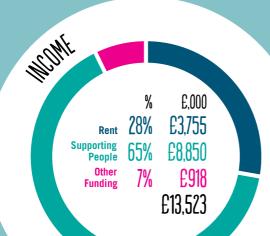
"...Not only is it being used successfully in individual sessions, it also excellent for group work. In our Durham team customers have completed the FIT KIT module on Managing Stress followed by yoga sessions, in Bradford, the Education, **Employment and Training** activities are being used in the weekly Job Club and our Craven team have plans for FIT KIT to be used by volunteers to support customers in a variety of areas. We're currently working on further modules on wellbeing and parenting. We're really excited about having such a fantastic resource available to our customers."

Laura Strickland Academies Manager



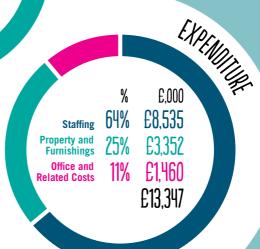
### THE FINANCIAL YEAR INCOME & EXPENDITURE





The organisation had another successful year with turnover rising from £12.8m to £13.5m with the commencement of some new contracts and a significant increase in rental income.

Our expenditure rose as the organisation grew but remained under tight control which meant we were able to deliver another modest surplus in line with the Board of Trustees' requirements.



### THANK YOU TO OUR FUNDERS:

Barnsley Council Big Lottery Fund Bradford MDC Calderdale Council City of York Council

Darlington BC

**CRISIS** 

Darlington Crime Reduction Partnership

Darlington Police and Crime Commissioner

Doncaster Council

**Durham County Council** 

Health and Social Care Volunteering Fund

Homeless Hospital Discharge

Fund

Kirklees Council

Lancashire County Council
Lancashire Probation Trust

Leeds City Council

Middlesborough Council

North Yorkshire County Council

Redcar and Cleveland BC

Sport England

Tameside MBC

Wakefield Council

York and North Yorkshire

**Probation Trust** 

York YOT

TOGETHER WE WILL END SOCIAL EXCLUSION 19

### PROMOTING HEALTHY, POSITIVE AND RESPECTFUL RELATIONSHIPS

Foundation's Children and Young People's Service based in Redcar offers therapeutic support to children and young people affected by domestic violence. Our specialist support addresses safety issues and helps to build confidence and emotional resilience.

"FOUNDATION CHILDREN'S SERVICE HAS
HELPED BRING THE THREE OF US TOGETHER
AND CLOSER THAN EVER TO SUPPORT EACH
OTHER WHEN THINGS ARE A BIT DIFFICULT."

Customer of our Redcar Children & Young People's Service

PICTURE TO THE PROPERTY OF THE

Before and After drawings to illustrate the impact of our children's service in Redcar and Cleveland.

PICTURE &

ill is a young woman who has overcome a traumatic childhood and with support developed the confidence and skills to form healthy and respectful relationships...

...Jill was supported by Foundation's Children and Young People's service in Redcar and Cleveland after growing up in a home where domestic abuse and violence were the norm. Further to entering into an abusive relationship with a young man herself, Jill benefited from the specialist support provided by our service.

Through one-to-one sessions with her Foundation worker she was able to consider and understand what a healthy none abusive relationship looks

like and she felt more able to safely express her concerns in a confidential environment. As her aspirations and confidence grew Jill discussed ending her own abusive relationship and was supported to approach the risks associated with this safely.

Now 16, Jill is both single and happy. She is at college and is training to be a hairdresser. For the first time she feels in control of her life. She says she now knows the little warning signs to look out for when she is dating.

# "I REALLY THINK FOR THE FIRST TIME SOMEONE UNDERSTANDS WHAT I HAVE BEEN THROUGH AND HAS PUT LOTS OF DIFFERENT PEOPLE IN TO HELP SUPPORT ALL THE STUFF THAT'S HAPPENING."

15 year old customer

Through implementation of the Care Assessment Framework (used to identify and manage the needs of children and young people) a process led by Foundation, Jill was supported by a range of services to finish this relationship.

Jill hasn't given up on finding a boyfriend but knows that when she does have a relationship it will be based on mutual respect and equal control.



went off the rails as a teenager after my dad died of cancer when I was 15. Then after problems at home with my mum due to drinking all the time, I became homeless and was struggling to go to college every day.

When Foundation gave me a flat for the first time in 9 months I felt safe and secure again. I had a Support Worker visit me every week to see how I was doing and if I needed anything. We would have a nice chat and a cuppa which I looked forward to each week

He taught me recipes to cook and helped me sort out my money situation to pay bills.

I felt the need to do well each week so I had good news to tell him and so I knuckled down with my art work and completed the course with a Triple Merit grade! I then thought about what I wanted to do as a job and because I always liked helping my dad with DIY around the house when I was younger, I decided to study plumbing. I am now running my own female plumbing business – Sugar-Plumb Solutions.

I'm now on good terms with my mum, we have a great relationship together and I love making her proud. This would never have been possible without the help of Foundation – taking away the stress of being homeless and helping me to focus on my future. Things are going great for me now and I am booked up with work for months ahead. I love being my own boss and my next step is to become Gas Safe registered to expand my business even more.

### **OUR PEOPLE**

VERY HAPPY WITH ALL THE SUPPORT I RECEIVED
FROM FOUNDATION, THEY MOVED ME TO A BETTER AREA.
I AM NO LONGER OFFENDING AND AM NOW VOLUNTEERING
FOR THE ESTEEM PROGRAMME WHICH IS FUNDED BY
PROBATION, I AM INVOLVED WITH THE OUTDOOR
PURSUITS PROGRAMME"

Karl, former customer, Leeds.

### BOARD MEMBERS

**Nigel Lockett** 

Chair

David Powell

Finance & IT Chair

Philip Turnpenny

Marketing &

Development Chair

Claire Vilarrubi

Performance Chair

**Aidan Grills** 

HR Chair

Peter Johnston MBE

**David Jorysz** 

**Amanda Mather** 

Customer Trustee

Darren Mills

Customer Trustee

David Pattinson

Rebeka Smith

### SENIOR MANAGEMENT TEAM

### **Maggie Jones**

Chief Executive

#### Jo Carnachan

HR Director

### **Paul Hardman**

Development and Communications Director

#### Teri Stephenson

**Operations Director** 

#### **Caroline Watson**

Finance and IT Director

### ARFA MAN<mark>agers</mark>

#### Maggie Allen

Leeds and the North East

#### John Hill

Bradford, Calderdale,
Lancashire and Tameside

#### Melanie McQueen

York, Wakefield, Kirklees, Barnsley and Doncaster

#### Wendy Merry

North Yorkshire

### **Eric Richardson**

Scarborough and the North East (to June 2013)

I KNEW THAT IF I WAS
FEELING LOW I COULD PICK
UP THE PHONE AND TALK
TO SOMEONE. I FIND IT
DIFFICULT TO ASK FOR HELP
BUT EVERYONE MADE ME
FEEL VALUED.



### **CONTACT US**



### **HEAD OFFICE**

Tennant Hall, Blenheim Grove Leeds. LS2 9ET Tel 0113 3030150

### BARNSLEY

McLintocks, Summer Lane Barnsley. S70 2NY **Tel** 01226 241665

### BRADFORD

East Wing, Ground Floor Broadacre House Annexe George Street, Bradford. BD1 5AA Tel 01274 303550

### CALDERDALE

21 Bull Green Halifax. HX1 2RZ **Tel** 01422 386910

### CRAVEN

Unit 13, High Corn Mill Chapel Hill, Skipton. BD23 1NL Tel 01756 701110

### DARLINGTON

Hallmark House 1a Chancery Lane Darlington. DL1 5QP **Tel** 01325 289410

### DONCASTER

Room 1, First Floor 247 Property Services 71 Netherhall Road, Doncaster. DN1 2QA Tel 07891 874370

### DURHAM

Miners Hall, Redhill Durham. DH1 4BD **Tel** 0191 3862303

### HARROGATE

Haywra House, 12 Haywra Street, Harrogate. HG1 5BJ **Tel** 01423 500905

### KIRKLEES

1a Lord Street Huddersfield. HD1 1QA **Tel** 01484 550686

### LFFDS

Tennant Hall, Blenheim Grove Leeds. LS2 9ET Tel 0113 3030220

### LANCASHIRE

Calico Building Centenary Court, Croft Street Burnley. BB11 2ED Tel 01282 686409

### NORTHALLERTON & HAMBLETON

Hambleton District Council Civic Centre, Stone Cross Northallerton. DL6 2UU Tel 01609 767008

### REDCAR

Unit 1, Henson's Business Centre, Kirkleatham Street Redcar. TS10 1RE Tel 0300 4562214

### RICHMONDSHIRE

The Galleries, Ryders Wynd Richmond. DL10 4JU **Tel** 01748 850756

### RYEDALE

YMCA, The Sidings 73 Riverside View Malton. YO17 9RB Tel 01653 691400

### **SCARBOROUGH**

22 Victoria Road Scarborough. YO11 1SD **Tel** 01723 361100

# SCARBOROUGH DOMESTIC ABUSE SERVICE

69a Manor Road Scarborough. Y012 7RT Tel 01723 365609

### SELBY

Cygnet House, 3 Church Lane Selby. YO8 4PQ **Tel** 01757 210415

### TAMESIDE

Harper House, 28 Adam Street Ashton-Under-Lyne Tameside. OL6 6LQ Tel 0161 3303436

### **N291HT**

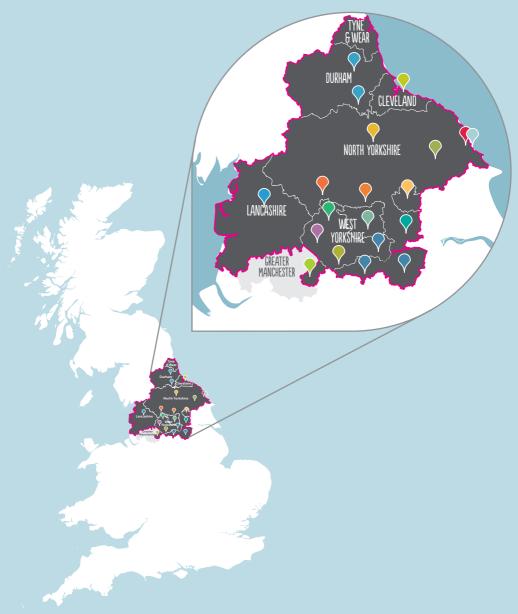
11 Westgate, Thirsk. YO7 1QR **Tel** 01845 522222

### WAKEFIELD

The Loft, Trinity House Trinity Church Gate, Union Square Wakefield. WF1 1TX Tel 01924 247247

### YORK

Basement Office 27/28 St Marys, Bootham York. Y030 7DD Tel 01904 526240















Foundation: Registered Charity 515517 Company limited by guarantee 1829004 Design and production: Nic Draper Design www.foundationuk.org www.foundationdomesticabuse.org Foundation\_\_\_



